

Salute | items that fit Eat Fit criteria



Balsamic Grilled Chicken

Nutrition Facts	
1 servings per container	
Serving Size	1 entree (359 g)
Amount per serving	
Calories	450
% Daily Value *	
Total Fat 26g	33%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 140mg	47%
Sodium 130mg	6%
Total Carbohydrate 12g	5%
Dietary Fiber 2g	9%
Total Sugars 8g	
Includes 3g Added Sugars	5%
Protein 41g	82%
Vitamin D 0.13mcg	0%
Calcium 50mg	4%
Iron 2mg	9%
Potassium 1000mg	21%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: chicken breast, vegetable side, house balsamic dressing